QO Lecture Notes: Reproductive System

I) Introduction

- A) General:
 - 1) Gonads: primary sex organ
 - 2) Function:
 - (a) Produce gametes (sex cells)—eggs and sperm
 - (b) Produce hormones

B) Male reproductive system

- 1) Gonad: testes
 - (a) Seminiferous tubules spermatogenesis
 - (b) **Interstitial cells** —lie between sminiterous tubules and produce testosterone (male sexual characterstics)
 - (c) Scrotum (skin sac hangs outside adominopelvic cavity)
 - (d) Temperature regulation for spermatogenesis
- 2) Duct System:
 - (a) Epididymis
 - (1) long, highly coiled tube (20 ft)
 - (2) Function:
 - (a) **capacitation**: sperm maturation/motility (minimum 16-18 hours to become viable)
 - (b) sperm storage (8 weeks)
 - (c) recycled/phagocytized

(b) Vas deferens (ductus deferens) (18")

- (1) propels sperm from epidymis to urethra by peristalsis
- (2) vasectomy
- (c) Urethra
 - (1) urinary system: urine transport
 - (2) reproductive system: semen/sperm transport
- 3) **Semen** = sperm + accessory gland secretions
 - (a) (pair) seminal vesicles (60% volume)
 - (1) Fructose (motility)
 - (2) Prostaglandins-stimulate uterine peristalsis and decrease mucus viscosity to aid entry
 - (b) Prostate gland (30% volume)
 - (1) Encircles base bladder
 - (2) Activate sperm
 - (c) (pair) Bulbourethral (cowpers) glands
 - (1) Neutralize acidic conditions of male urethra





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- 4) Sperm (male gamete)
 - (a) Head: (DNA) 23 Chromosomes
 - (b) Acrosome: contains enzyme (hyaluronidase) which digests ovum's plasma membrane to allow for sperm penetration/ fertilization
 - (c) **Midpiece** or middle piece: many mitochondria and small amounts of stored food

(b)

- (d) Flagella motility (3-4 inches per hour)
- C) Gametogenesis: Spermatogenesis
 - 1) Location: seminiferous tubules
 - 2) Spermatogonia (stem cell)
 - (a) mitotic (clones)
 - (b) primary spermatocyte (46 DNA)
 - 3) **meiosis**: type of cell division that produces gametes, cells with ½ number of chromosomes as parent cell
 - (a) Meiosis I (IPMAT)
 - (b) Meiosis II (PMAT)
 - 4) 64-72 days





D) Reproductive hormones of the male

1) Gonadotropin-releasing hormone (GnRH):

- (a) Produced by hypothalamus
- (b) Function: Stimulate anterior pituitary to produce and release FSH and LH
- 2) FSH (Follicle Stimulating Hormone)
 - (a) produced by anterior pituitary gland
 - (b) Function: stimulate spermatogenesis
- 3) LH (Leutenizing hormone)
 - (a) produced by anterior pituitary gland
 - (b) Function: stimulate interstitial cells to produce testosterone
- 4) **Testosterone**: main male sex hormone
 - (a) Development and functioning of the ♂sex organs
 - (b) regulate the testosterone levels in the blood
 - (c) Development/maintenance of secondary sexual characteristics (features of nonreproductive system organs!)
 - (1) Greater height than \bigcirc
 - (2) Greater muscle mass
 - (3) Broad shoulders
 - (4) Longer legs relative to trunk length
 - (5) Deeper voices/ More pronounced Adam's apple (part of the larynx)
 - (6) Distribution of body hair/ Receding hair line

E) Female reproductive system

- 1) General:
 - (a) Gonad: Ovary (paired) held in position by ligaments
 - (b) site of gametogenesis/oogenesis
 - (c) born with 2(10⁶) partially formed, decreases to 400,000 by puberty and only 400 mature
 - (d) Produce hormones (estrogen/progesterone)
 - (e) Protect/nurture developing fetus







- 3) Uterine tubes or Fallopian Tubes
 - (a) 4" long funnel with fimbriae (finger-like projections catch oocyte
 - (b) lined with ciliated epithelial cells
 - (c) smooth muscle (peristalsis)

4) Uterus

- (a) size/shape pear
- (b) myometrium (muscle)—rhythmic contractions
- (c) endometrium: mucosal lining undergoes cyclic changes (shed during menses)
- (d) site of embryo implantation and development
- 5) cervix: narrowed neck
- 6) vagina

F) Reproductive hormones of the female

1) Gonadotropin-releasing hormone (GnRH):

- (a) Produced by hypothalamus
- (b) Function: stimulates anterior pituitary gland to produce FSH and LH
- 2) FSH (Follicle Stimulating Hormone)
 - (a) Produced by anterior pituitary gland
 - (b) gametogenesis
- 3) LH (leutenizing hormone)
 (a) Produced by anterior pituitary gland
 - (b) Stimulates follicular cells to produce female hormones
 - (c) Triggers maturation and ovulation
- 4) **Estrogen** (ovary—developing follicles/follicular cells)
 - (a) Stimulate growth, maturation and maintenance of female reproductive organs
 - (b) promote proliferative phase of uterine cycle-prepares uterus for implantation



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- 5) Progesterone (ovary-follicular cells/corpus luteum)
 - (a) promotes uterine secretory phase
 - (b) maintains uterus during pregnancy
 - (c) causes mammary glands to mature and produce milk during pregnancy
- G) Uterine cycle: Average cycle lasts 28 days.

1) Days 1-5 Menstrual phase

(a) Uterus/ endometrium is shed

2) Days 6-13 Proliferative phase

- (a) Estrogen prepares uterus
- (b) Increase blood supply/glandular epithelium
- 3) Day 14 (LH Peaks) ovulation

4) Days 15-28 Secretory phase

- (a) endometrium prepares for implantation (low FSH and LH)
- (b) progesterone promotes vascular growth and glands secrete nutrients to sustain embryo
- (c) no fert \rightarrow corpus luteum stops progesterone and FSH/LH rise and repeats

H) Fertilization and pregnancy:

- 1) Fertilization occurs within 24 hrs of ovulation within the upper (fallopian) uterine tube
- 2) The dividing mass of cells travels down the fallopian tube
- 3) Embryo implants in the endometrium
- 4) from fertilization to implantation—about 14 days
- 5) NOTE: 60% of all fertilized eggs fail to implant
- 6) The placenta develops from fetal and maternal tissue
 - (a) **Human chorionic gonadotropin** (HCG): maintains the corpus luteum until chorion can produce enough progesterone to inhibit maturation and ovulation of another oocyte